



Issue: December-23

# Grapevine

Rotary Club of Panvel Mahanagar's Bulletin

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**Secretary & Bulletin Editor**

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Greetings, Friends!

From the joyous celebrations of festivals like Diwali and Eid to the challenges posed by the wars, this year has been a rollercoaster ride. We have learned to adapt and persevere, finding solace in the little things that bring us happiness. As we look forward to the New Year, may it be filled with peace, prosperity, and good health for all. Merry Christmas and a Happy New Year to you and your loved ones!

In this edition of our newsletter, GRAPEVINE, we are excited to showcase the ideas, thoughts, and deeds of our members through articles and photographs. We invite all Rotarians, Ann's, and Annett's to contribute their own pieces to share with our community.

Presenting the December issue of GRAPEVINE for this year. Thank you for your continued support.

Yours in Rotary,  
The GRAPEVINE Editorial Team

## December is Disease Prevention and Treatment Month for Rotary

Rotary International President's Message for December is focused on Disease Prevention and Treatment. This month, Rotary members are devoted to fighting and preventing diseases, from setting up temporary clinics, blood donation centers, and training facilities in underserved communities to designing and building infrastructure allowing doctors, patients, and governments to work together. Rotary members combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio.

Rotary makes amazing things happen, like providing clean water to fight Guinea worm disease, reducing HIV infection in pregnant women, and ending polio in 122 countries. The Rotary Foundation is changing the world by providing grants for projects and activities around the globe and in your own backyard.

Rotary members have hundreds of health projects underway around the world at any given time. Rotary members can get involved at a local level, such as funding a free health clinic in Panvel, India. Rotarians can also support studies, help immunize people, and improve drinking water and the sanitation infrastructure.

This December, Rotary Disease Treatment and Prevention Month, gain inspiration to take action to fight and prevent disease in your community by: supporting health education programs, partnering with medical institutions or ministries of health to help immunize people, supporting continued education and training for health workers, and improving and expanding access to affordable health care in under-served areas. Rotarians can also enhance existing disease prevention and treatment projects or expand them with guidance from a Rotarian District Group.



**Hall of Fame:**

Year	Past Presidents
Charter President	Vijay Singhadia
President 2018 / 19	Ganesh Manjarekar
President 2019 / 20	Rtn. Avinash Koli
President 2020 / 21	Rtn. Shyamala Kulkarni
President 2021 / 22	Rtn. Ravindra Naik
President 2022 / 23	Rtn. Mukund Chaudhari

**Birthday and Anniversaries:**

Occasion	Date	Name
Anniversary	7 <sup>th</sup> December-23	Rohini Katre

**From the Desk of President : Disease Prevention and Treatment Month**

Dear Rotarian friends,

As 2023 draws to a close, it's time to wish all my Rotary friends a Merry Christmas and a Happy New Year! December is Disease Prevention and Treatment Month, so let's take this time to focus on our health and well-being.

Let's make sure to take care of ourselves and our loved ones this holiday season. Eating healthy, exercising regularly, and getting enough sleep are all important steps to staying healthy. And don't forget to practice social distancing and wear a mask when in crowded areas as the virus is back.



This month we have done many projects like participating in welcoming the district car rally, Jio Mumbai Sustainability Cyclothon, body building event, running event for our soldiers and many Interact Club Activities.

Let's take this time to reflect on the past year and look ahead to the future with hope and optimism. Once again wishing you all a Merry Christmas and a Happy New Year!

Your support is appreciated.

Thank you,

**Rtn. Sudhir Chakole | President | Rotary Club of Panvel Mahanagar |RID3131| India**



## Parikrama - 2023 - Car Rally

The Rotary Club of Panvel Mahanagar enthusiastically welcomed the district car rally team on December 4th, as part of the Parikrama - 2023 rally. This year's rally will travel through Vapi, Ahmedabad, Statue of Unity, Udaipur, Indore, Nasik, and conclude in Pune over a span of seven days. Rotary Club members will extend warm welcomes to the rally participants at each stop along the route.



## Jio Mumbai Sustainability Cyclothon Ambassador!

As the Rotary Club President and Bicycle mayor of New Panvel, our esteemed leader has once again made us proud by successfully completing the 50 KM ride at the Jio Mumbai Sustainability Cyclothon on December 17, 2023. This remarkable feat was accomplished through the scenic streets of Mumbai, leaving an indelible impression on all who witnessed it. As an Ambassador for this prestigious event, our leader's commitment to promoting sustainable transportation and environmental conservation is truly inspiring. We applaud his efforts and look forward to his continued advocacy for a greener and healthier community.

**Jio Mumbai**  
Sustainability Cyclothon  
SEASON 2  
17<sup>th</sup> December, 2023 | BKC, Mumbai

Ride Ambassador  
**Sudhir Chakole**

Discount Code  
**PanvelMayor25**

Ride with elite cyclists of the community at Jio Mumbai Sustainability Cyclothon, Season 2

QR Code:

Contact: [www.champendurance.com](http://www.champendurance.com)  
[info@champendurance.com](mailto:info@champendurance.com)  
+91 84110 04511





## Body Building Event Attended: At Panvel



The Rotary Club of Panvel Mahanagar recently participated in a bodybuilding competition organized by the Rotary Club of Industrial Town. This event provided an opportunity for the members of both clubs to come together and support the athletes as they showcased their physical strength and dedication to their craft. The Rotary Club of Panvel Mahanagar's involvement in this competition reflects their commitment to promoting healthy lifestyles and supporting local communities through various initiatives.



### Fitistan: Soldierathon Vijay Run 2023

The Fitistan Soldierathon Vijay Run 2023 was a resounding success, with many of our club members taking part. The event was held on December 17, 2023 Panvel, India, in honour of India's wounded warriors and martyrs on the 52nd Vijay Diwas day. It was organized by Fitistan – Ek Fit Bharat, a mission to strengthen each organization's capacity by establishing very straightforward implementable objectives and challenges which are backed by simple fitness tools.



The Soldierathon Vijay Run was a great way to salute and recognize the selfless duties of the country's soldiers, and to commemorate the efforts and sacrifices of Indian soldiers who safeguard the country from enemy threats.

### Rotary Club of Panvel Central's event Dense Forest and Garden and Rotary Panvel Festival





## Other Events Attended by Club Members



Thank you,  
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